

Polocrosse Association of Western Australia Inc Ambulance Policy V1

INTRODUCTION

The Polocrosse Association of Western Australia Inc acknowledges its responsibility and is committed to ensuring all clubs provide first aid services for all members and spectators.

In the interest of ensuring that Ambulance and First Aid facilities at Polocrosse tournaments are of the highest safety standards, the Polocrosse Association of Western Australia Inc has developed the following guidelines for club members to use when making arrangements for first aid at your tournaments, training days and clinics.

This policy has been formulated for clubs to follow to ensure adequate safety of players and spectators when engaging in the act of Polocrosse.

Tournament

1. They have an adequately trained and experienced person able to apply first aid;
 - Up to 25 Teams a Senior First Aid Officer
 - 25 to 40 teams, less than 20 minutes travel time for an ambulance to the ground, a Senior First Aid Officer
 - Over 25 teams, more than 20 minutes travel time to an ambulance to the ground, an Ambulance Officer Level 1 or Level 2
 - Over 40 teams, an Ambulance Officer Level 1 or Level 2
2. They have;
 - Portable suction and oxygen equipment
 - BVM x 2 adult and child
 - Guedels airways in a range of sizes from child to adult
 - Airviva/Oxyviva
 - Laederal two way mask
 - Hard collars
 - A scoop stretcher
 - Disposable gloves
 - A selection of bandages, splints, slings, dressings, antiseptics, mild analgesics (eg Panadol), creams, tapes including steristrips, scissors etc
 - Space blanket
 - Ice packs
3. They have suitable transport;
 - Up to 25 teams, a vehicle suitable to move someone from the field on a stretcher if necessary.
 - 25 to 40 teams, less than 20 minutes travel time for an ambulance to the ground, a vehicle suitable to move someone from the field on a stretcher if necessary
 - Over 25 teams, more than 20 minutes travel time to an ambulance to the ground, an ambulance
 - Over 40 Teams, an ambulance

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Practice or Coaching Clinic – First Aid Post

1. A Senior First Aid Officer
2. A kit containing no less than

Quantity	Code	Description	Use
2	1060	Bandage Crepe Heavy Duty 10cm	Support bandage
1	1070	Bandage Crepe 5cm	Support bandage
2	1080	Bandage Crepe 7.5cm	Support bandage
1	1120	Tape Zinc Oxide 2.5cm x 5m	Secure Dressings/Strapping
1	1128	Tape Hypoallergenic 2.5 x 9m	Secure dressings
2	1181	Bandage Triangular 110 x 110cm	For slings, padding etc
1	1210	Cold Pack Instant Disposable	Reduce swelling/pain
1	2000	Dressing universal small	Wound cover
3	2020	Swabs Gauze 7.5cm 3 PK	To aid wound cleaning
2	2050	Pad Combine 10 x 10cm	Bleeding control
2	2060	Pad Combine 10 x 20cm	Bleeding control
2	2140	Pad Non Adherent 7.5 x 10cm	Wound cover
2	2152	Pad Non Adherent 5 x 5cm	Wound cover
2	2170	Pad Eye Sterile	Emergency eye cover
1	2190	Dressing Length Adhesive 6cm x 1m	Wound cover
1	2291	Swabs Alcohol 10PK	Cleans Instruments
1	3010	Scissors SS Sharp/Blunt 12.5cm	Cut dressings/bandages
1	3030	Sheers Trauma Scissors 14cm	Cut clothing
1	3070	Forceps SS Splinter Pointed	Removing splinters
2	3080	Blanket Emergency Shock	Retain body warmth
1	3130	Pins Safety 12 PK	Secure wound cover
1	3140	Notepad & Pencil	Record vital information
2	4057	Bag Plastic specimen	Severed parts/other uses
10	5111	Saline Eye & Wound Irrigation 15mL	Eye/wound irrigation
5	220102	Primapore Dressing 8.6cm x 6cm	Wound cover
1	224450	Strips Adhesive Plastic 50PK	Minor wound cover
1	224902	Strips Adhesive Fabric 50PK	Minor wound cover
1	309105	Splinter Probes disposable 5 PK	Removing deep splinters
1	505410	Swab Antiseptic 10PK	Clean skin/wounds
2	518305	Stingoes Sachets 3ml 5 PK	Soothes bites/stings
5	305402L	Glove Disposable Nitrile Large Pair	Hygiene
1	3225/1	Guide Emergency First Aid	Easy Read Book
4	528001	Sunscreen Sachets 30+ 10ml	Sun Protection
1	LA460000	Resuscitation Protection Shield	To aid resuscitation

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GUIDELINES

The following is to be used as a guideline only, each club should ensure they undergo a Risk Analysis as part of their Risk management Plan for their event.

ORGANISING COMMITTEE RESPONSIBILITIES

Each club should formulate their first aid plan and have this available in their office to be viewed as required by the organising committee. This plan should include a checklist of the equipment at hand and the contact details and qualifications of the staff attending.

ORGANISING COMMITTEE

1.
2.
3.

**** committee members to sign**